



**VIRTUAL
EVENT!**



single
Mothers'
Conference

2020 VISION
FOCUS ON MOM

Day One Lineup
Saturday, April 18, 2020



Jamelah Henry
Career Coach/Career
Skills Trainer

Workshop 1: 11:00am - 11:30am

"Life Interrupted: Now What?"
Laid off, furloughed, and lost jobs due to COVID-19.

Free virtual workshop hosted by:



www.singlemotherscc.org



Ashanti Meaux
Fitness/Dance
Instructor

Workshop 2: 1:00pm - 1:45pm

"Mommy & Me Zumba Dance Party"
Get the kids and join us for a Zumba workout

Free virtual workout hosted by:

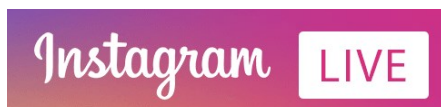


Margaret Adams
Licensed esthetician
Beauty by Margaret

Workshop 3: 3:00pm - 3:45pm

"DIY Beauty Hacks"
Pamper yourself while you shelter at home

Free virtual tutorial hosted by:



Proudly sponsored by



Pre-show music with
DJ Papo



#SMC2020